

Recommended Reading

Birth Stories

Ina May's Guide to Childbirth, 2003
Spiritual Midwifery, Fourth Edition, 2002
Ina May Gaskin, CPM

Real Birth: Women Share Their Stories
Robin Green, 2000

Giving Birth: A Journey into the World of Mothers and Midwives
Catherine Taylor, 2002

The BirthLove Web site full of birth stories: www.birthlove.com/complimentary.html



Preparing for Birth/The Birth Team

Birthing from Within: An Extra-Ordinary Guide to Childbirth Preparation
Pam England and Rob Horowitz, 19998

Natural Childbirth the Bradley Way
Susan McCutcheon, 1996

The Official Lamaze Guide: Giving Birth With Confidence
Judith Lothian, 2005

The Birth Partner
Penny Simkin, 1989

The Birth Book
William Sears, MD and Martha Sears, RN, 1989

Childbirth Connection: Helping women make informed decisions about maternity care
www.childbirthconnection.org



Interventions: Benefits and Risks

The Thinking Woman's Guide to a Better Birth
Henci Goer, 1999

Silent Knife: Cesarean Prevention and Vaginal Birth After Cesarean (VBAC)
Nancy Wainer Cohen and Lois Estner

Midwifery Today articles on their Web site:
www.midwiferytoday.com/articles/index.asp

